

SEPTEMBER 2026

ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		September Calendars and decorations 10:00 Hydrating Plants 11:00 Tone it Tuesday 6:00 Walking Club	1 11:00 SingFit 1:15 Bingo 2:30 Crafty Time 6:00 Walking Club	2 Kitchen Talk with Shanequa 8:00 Medical appointment transportation 10:00 Hydrating Plants 11:00 Tone it Thursday 1:00 Kitchen Talk with Shanequa 2:15 Afternoon Bowling 6:00 Walking Club	3 11:00 SingFit 1:15 Bingo 2:30 Noodle Ball 6:00 Walking Club	4 9:30 Salon Day 10:00 11:00 Coffee Social 1:00 Fancy Nails 2:00 One on One 6:00 Walking Club
11:00 Coffee Social 1:00 Connect Four 2:00 Residents Choice 6:00 Walking Club	6 10:00 Meditation Monday 11:00 Move it Monday Exercise 1:00 Social Hour 3:00 Bean bag toss 6:00 Walking Club	7 Walmart Day 11:00 Tone it Tuesday 1:00 Walmart 6:00 Walking Club	8 11:00 Washington State Fair 11:00 SingFit 1:15 Resident Choice 3:00 Fellowship Time 6:00 Walking Club	9 Washington State Fair 8:00 Medical appointment transportation 11:00 Washington State Fair 1:00 Balloon Toss 2:15 Ring Toss 6:00 Walking Club	10 11:00 SingFit 1:15 Bingo 2:30 Chair Travel to Montreal 6:00 Walking Club	11 11:00 Coffee and Daily Chronicles 1:00 Resident Choice 2:00 Dominoes 6:00 Walking Club
Grandparents Day Coffee and Donuts 10:00 Grandparents Day Coffee and Donuts with Sanequa 1:00 Bible Study with Pastor Shelton 2:00 Puzzle Time 6:00 Walking Club	13 GOLDEN 50s 10:00 Meditation Monday 11:00 Move it Monday Exercise 1:00 Let's Chat 3:00 Bean bag toss 6:00 Walking Club	14 SHIMMERING 60s 11:00 Tone it Tuesday 1:00 UNO Game 2:30 Crafty Corner 6:00 Walking Club	15 SUNNY 70s 11:00 SingFit 1:15 Bingo 2:30 Sip and Paint 6:00 Walking Club	16 NEON 80s Glass Museum 8:00 Medical appointment transportation 11:00 Tone it Thursday 1:00 Council Meeting with Patty 2:30 Crafty Corner 5:00 Glass Museum 6:00 Walking Club	17 ELECTRIC 90s 11:00 SingFit 1:15 Bingo 2:30 September Birthday Celebration 6:00 Walking Club	18 11:00 Coffee and Chat 1:00 Penny Blackjack 2:00 One on One 6:00 Walking Club
11:00 Independent Sit and Stretch 1:00 Resident Choice 2:00 Golden Oldies 6:00 Walking Club	20 10:00 Meditation Monday 11:00 Move it Monday Exercise 1:00 UNO Game 3:00 Bean bag toss 6:00 Walking Club	21 First Day of Fall 11:00 Tone it Tuesday 1:00 Fancy Nails 2:30 Fall Crafting 6:00 Walking Club	22 11:00 SingFit 1:15 Bingo 3:00 Fellowship Time 6:00 Walking Club	23 8:00 Medical appointment transportation 11:00 Tone it Thursday 1:00 Ring Toss 2:00 Cooking Club (Make your own Pizza) 6:00 Walking Club	24 11:00 SingFit 1:15 Bingo 2:30 Fall Trivia and Snacks 6:00 Walking Club	25 9:30 Salon Day 1:00 Fancy Nails 2:00 One on One 6:00 Walking Club
11:00 Coffee and Chat 1:00 Bible Study with Pastor Shelton 2:00 Coloring Therapy 6:00 Walking Club	27 10:00 Meditation Monday 11:00 Move it Monday Exercise 1:00 Coloring Therapy 3:00 Bean bag toss 6:00 Walking Club	28 Red Robin Lunch out 11:00 Red Robin 11:00 Tone it Tuesday 1:30 Penny Blackjack 6:00 Walking Club	29 11:00 SingFit 1:00 Puzzle Time 2:15 Bingo 6:00 Walking Club	30  		