

MAY 2026

ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 Independent Exercise 31</p> <p>1:00 Chat in the Patio</p> <p>2:00 Resident Choice</p> <p>6:00 Walking club</p>					<p>May Calendars and Decorations</p> <p>6:00 Walking club</p>	<p>1 11:00 Hydrating Plants 2</p> <p>1:00 Nails and Tales</p> <p>2:00 One on One</p> <p>6:00 Walking club</p>
<p>11:00 Morning Walk 3</p> <p>1:00 Bird Watching on the back Patio</p> <p>2:00 Music Hour</p> <p>6:00 Walking club</p>	<p>10:00 Meditation Monday 4</p> <p>11:00 Move it Monday Exercise</p> <p>1:00 UNO Game</p> <p>3:00 Bean bag toss</p> <p>6:00 Walking club</p>	<p>Cinco de Mayo Fiesta 5</p> <p>10:00 Hydrating Pants</p> <p>11:00 Tone it Tuesday</p> <p>11:30 Cinco de Mayo Fiesta</p> <p>2:00 Cinco de Mayo Crafty Time</p> <p>6:00 Walking club</p>	<p>11:00 SingFit 6</p> <p>1:00 Bingo</p> <p>2:15 Crafty Time</p> <p>3:00 Fellowship Time</p> <p>6:00 Walking club</p>	<p>Chat with Lanette 7</p> <p>8:00 Medical appointment transportation</p> <p>10:00 Hydrating Pants</p> <p>11:00 Tone it Thursday</p> <p>1:00 Chat with Lanette</p> <p>2:15 Mother's Day Trivia and Snacks</p> <p>6:00 Walking club</p>	<p>Mom's Hair and Nails 8</p> <p>9:00 Mom's Hair and Nails</p> <p>6:00 Walking Club</p>	<p>Mom's and Mimosa's Brunch 9</p> <p>10:30 am to 12:00pm</p> <p>10:30 Mom's and Mimosa's</p>
<p>11:00 Independent Exercise 10</p> <p>1:00 Bible Study with Pastor Shelton</p> <p>2:00 Puzzle Time</p> <p>6:00 Walking club</p>	<p>10:00 Meditation Monday 11</p> <p>11:00 Move it Monday Exercise</p> <p>1:00 Hydrating Plants</p> <p>3:00 Bean bag toss</p> <p>6:00 Walking club</p>	<p>Walmart Day 12</p> <p>10:00 Hydrating Pants</p> <p>11:00 Tone it Tuesday</p> <p>1:00 Walmart Shopping</p> <p>6:00 Walking club</p>	<p>11:00 SingFit 13</p> <p>1:00 Bingo</p> <p>2:15 Ice Cream Social and Trivia</p> <p>6:00 Walking club</p>	<p>Kitchen Talk with Shanequa 14</p> <p>8:00 Medical appointment transportation</p> <p>10:00 Hydrating Pants</p> <p>11:00 Tone it Thursday</p> <p>1:00 Kitchen Talk with Shanequa</p> <p>2:15 UNO Game</p> <p>6:00 Walking club</p>	<p>11:00 SingFit 15</p> <p>1:00 Bingo</p> <p>2:15 May Birthday Celebration</p> <p>6:00 Walking club</p>	<p>Puyallup Farmers Market 16</p> <p>10:00 am</p> <p>10:00 Puyallup Farmers Market</p> <p>6:00 Walking club</p>
<p>11:00 Coffee Social 17</p> <p>1:00 Coloring Therapy</p> <p>2:00 Golden Oldies</p> <p>6:00 Walking club</p>	<p>10:00 Meditation Monday 18</p> <p>11:00 Move it Monday Exercise</p> <p>1:00 Let's Chat</p> <p>3:00 Bean bag toss</p> <p>6:00 Walking club</p>	<p>Round Table 19</p> <p>10:00 Hydrating Pants</p> <p>11:00 Round Table</p> <p>11:00 Tone it Tuesday</p> <p>1:30 Spring Canvas Painting</p> <p>6:00 Walking club</p>	<p>11:00 SingFit 20</p> <p>1:00 Bingo</p> <p>2:15 Scrapbook Club</p> <p>3:00 Fellowship Time</p> <p>6:00 Walking club</p>	<p>Council Meeting with Patty 21</p> <p>8:00 Medical appointment transportation</p> <p>10:00 Hydrating Pants</p> <p>11:00 Tone it Thursday</p> <p>1:00 Council Meeting with Patty</p> <p>2:15 Nails and Tales</p> <p>6:00 Walking club</p>	<p>TIE DYE SHIRTS FUNDRAISER 22</p> <p>11:00 SingFit</p> <p>1:00 Bingo</p> <p>3:00 TIE DYE Shirts</p> <p>6:00 Walking club</p>	<p>10:00 Hydrating Pants 23</p> <p>11:00 Coffee Social</p> <p>1:00 Nails and Tales</p> <p>2:00 One on One</p> <p>6:00 Walking club</p>
<p>11:00 Independent Exercise 24</p> <p>1:00 Bible Study with Pastor Shelton</p> <p>2:00 Bird Watching in the Back Patio</p> <p>6:00 Walking club</p>	<p>10:30 Memorial Day Celebration 25</p> <p>1:00 Hydrating Plants</p> <p>3:00 Bean bag toss</p> <p>6:00 Walking club</p>	<p>10:30 Senior Wellness Health Talk with McKenna 26</p> <p>11:00 Tone it Tuesday</p> <p>1:00 Yatzee Game</p> <p>2:30 Dollar Store Walk</p> <p>6:00 Walking club</p>	<p>11:00 SingFit 27</p> <p>1:00 Sensory Games</p> <p>2:15 Bingo</p> <p>6:00 Walking club</p>	<p>8:00 Medical appointment transportation 28</p> <p>10:00 Hydrating Pants</p> <p>11:00 Tone it Thursday</p> <p>1:00 Yatzee Game</p> <p>6:00 Walking club</p>	<p>11:00 SingFit 29</p> <p>1:00 Bingo</p> <p>2:15 Chair Travel to Guatemala</p> <p>6:00 Walking club</p>	<p>10:00 Hydrating Pants 30</p> <p>11:00 Coffee and Daily Chronicles</p> <p>1:00 Nails and Tales</p> <p>2:00 One on One</p> <p>6:00 Walking club</p>