

March fun facts:

International Women's Day

The first International Women's Day was on March 8, 1911.



Daylight Saving Time

Many regions participate in Daylight Saving Time in March, turning the clocks forward.



The Zodiac Signs

The zodiac signs for March are Pisces (February 19–March 20) and Aries (March 21–April 19).



The Birthstones

The birthstones for March are aquamarine and bloodstone. Aquamarine is the traditional birthstone, and bloodstone is an alternative.



First Day of Spring March 20th



Employee Birthday's

Lanette	5 th
Monicah	5 th
Elvira	8 th
Courtnei	28 th
Shanequa	30 th
Jane	31 st

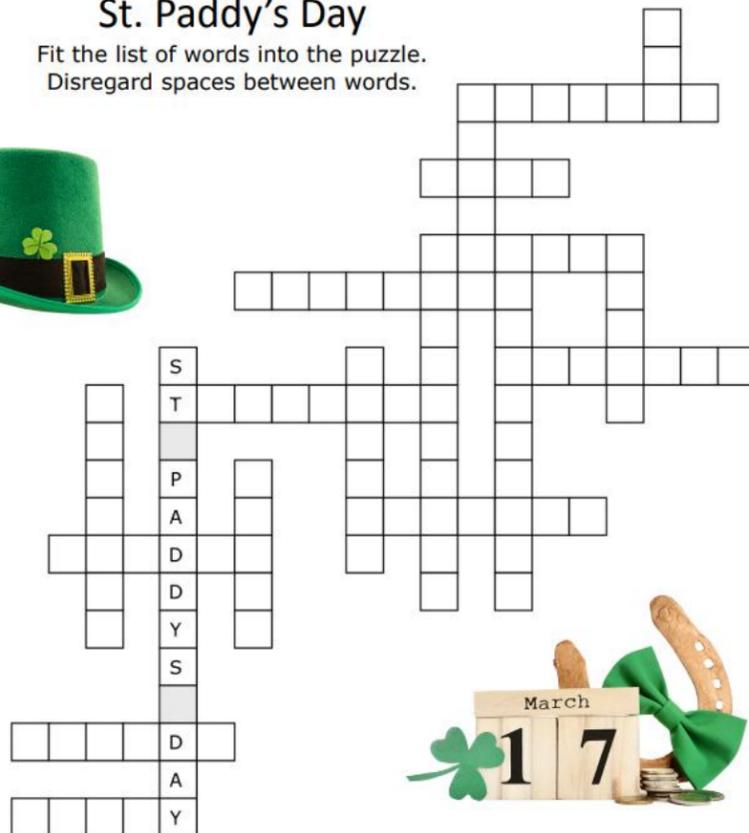
Resident Birthday's

Patricia F.	1 st
Barbara	5 th
Carol B.	12 th
Lorraine B.	17 th
Pat L.	28 th



St. Paddy's Day

Fit the list of words into the puzzle.
Disregard spaces between words.



Spring Ridge Newsletter

March 2026



We've done it again!

Our commitment to our service is unwavering.
CONGRATULATIONS Team Spring Ridge for

Making Magic Happen

EVERY SINGLE DAY!



Activated Insights
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February 12, 2026

To whom it may concern,

Activated Insights, a nationally recognized customer satisfaction firm, conducted interviews with Spring Ridge Assisted Living And Memory Care customers over the past year, assessing satisfaction across multiple service aspects.

From the results of these interviews, Activated Insights has determined that Spring Ridge Assisted Living And Memory Care has qualified for a **Customer Experience Award™** in the following service areas:

Overall Satisfaction
Variety of Food/Menu Choices
Overall Customer Experience

Earning the Customer Experience Award shows that Spring Ridge Assisted Living And Memory Care consistently ranks among the top 15% of care providers nationally. This reflects their strong dedication to continuous improvement and exceptional care, securing their position among the top care providers nationwide.

Activated Insights congratulates the staff of Spring Ridge Assisted Living And Memory Care for this well-deserved honor.

Bud Meadows
CEO
Activated Insights



Daylight Saving Time Begins

March 8



International Women's Day

March 8



Walmart

March 10



Women's Breakfast

March 11



St. Patrick's Day

March 17



First Day of Spring

March 20



Olive Garden

March 24



MARDI GRAS



International Women's Day (IWD) is celebrated annually on March 8th to honor women's achievements, promote gender equality, and advocate for rights. Originating from early 20th-century labor movements in 1911, it is now a global, inclusive event.



Valentine's Dance

