

FEBRUARY 2026

ASSISTED LIVING

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

11:00 Coffee and Chat 1:00 Bible Study with Pastor Shelton 2:00 Resident Choice 6:00 Walking club	1 10:00 Meditation Monday 11:00 Self It and stretch 3:00 Bean bag toss 6:00 Walking club	2 February Calendars & Decorations 6:00 Walking club	3 10:45 SingFit 1:00 Bingo 2:15 Crafty Time 3:00 Fellowship Time 6:00 Walking club	4 8:00 Medical appointment transportation 11:00 Tone it Thursday 1:00 Chat with Lanette 2:00 WHO AM I? Black History Month 6:00 Walking club	5 10:45 SingFit 1:00 Bingo 2:00 Valentine's Crafts 6:00 Walking club	6 11:00 Penny Blackjack 1:00 Nails and Tales 2:00 One on One 6:00 Walking club
Super Bowl Sunday 11:00 Coffee and Chat 1:00 Golden Oldies 3:30 Super Bowl Party 6:00 Walking club	8 10:00 Meditation Monday 11:00 Self It and stretch 1:00 Social Time 3:00 Bean bag toss 6:00 Walking club	9 Walmart Day 11:00 Tone it Tuesday 1:00 Walmart Shopping 6:00 Walking club	10 10:45 SingFit 1:00 Valentine's Bingo 2:15 Crafty Time 6:00 Walking club	11 8:00 Medical appointment transportation 11:00 Tone it Thursday 1:00 Kitchen Talk with Shanequa 2:00 UNO Game 6:00 Walking club	12 Valentine's Dance 10:45 SingFit 3:30 Valentine's Dance 6:00 Walking club	13 Happy Valentines Day 11:00 Coffee and Chat 1:00 Valentine's Day Trivia and snacks 2:00 Nails and Tales 6:00 Walking club
15 11:00 Music and Hot Cocoa 1:00 Bible Study with Pastor Shelton 2:00 Social Time 6:00 Walking club	16 President's Day 10:00 Meditation Monday 11:00 Self It and stretch 1:00 President's Day Word search 3:00 Bean bag toss 6:00 Walking club	17 Mardi Gras 11:00 Tone it Tuesday 12:00 Mardi Grass Celebration 6:00 Walking club	18 10:30 Senior Wellness Health Talk with McKenna 1:00 Bingo 2:00 Chair Travel to Singapore 3:00 Fellowship Time 6:00 Walking club	19 8:00 Medical appointment transportation 11:00 Tone it Thursday 1:00 Council Meeting with Patty 2:00 Crafty Time 6:00 Walking club	20 10:45 SingFit 11:00 Bingo 1:00 Connect Four 2:00 Puzzle Time 6:00 Walking club	21 11:00 Coffee and Chat 1:00 Independent Sit and Stretch 3:00 Word Search 6:00 Walking club
22 11:00 Coffee and Chat 1:00 Table games Resident Choice 2:00 Golden Oldies 6:00 Walking club	23 10:00 Meditation Monday 11:00 Self It and stretch 1:00 Connect Four 3:00 Bean bag toss 6:00 Walking club	24 THE HOMESTEAD out to lunch 11:00 THE HOMESTEAD restaurant 2:00 UNO Game 6:00 Walking club	25 10:45 SingFit 1:00 Puzzle Time 2:30 Bingo 6:00 Walking club	26 8:00 Medical appointment transportation 11:00 Tone it Thursday 1:00 Table Games resident choice 2:00 February Birthday Celebration 6:00 Walking club	27 10:45 SingFit 1:00 Bingo 2:15 Reminiscing Conversation Starters 6:00 Walking club	28 March Calendars and Decorations



SPRING RIDGE | 6856 E. PORTLAND AVE | TACOMA, WA 98404

