

October Celebrations

Halloween The month ends in Halloween on October 31, with roots in the ancient Celtic festival of Samhain

Columbus Day This national holiday, celebrated on the second Monday of October commemorates Christopher Columbus's arrival in America in 1492.

Oktoberfest This famous German festival is celebrated in October

Dia de los Muertos The Day of the Dead is a celebrated Mexican holiday that takes place in October

National Pizza Month is in October



Employee's Birthday AND Residents Birthday

Jean	2 nd
Chris	3 rd
Anne	6 th
Esther M.	10 th
Haley	28 th



John M.	1 st
Jerita C.	18 th
Glenn P.	23 rd
Margaret H.	24 th



A woman in the U.S. today has a 1 in 8 chance of developing breast cancer over her lifetime and a 1 in 43 chance of dying from breast cancer.

Nearly 30% of women diagnosed with early-stage breast cancer later develop metastatic breast cancer.

The average lifetime risk that a man in the U.S. will develop breast cancer is 1 in 726.

There are about 4 million breast cancer survivors in the U.S., including women receiving breast cancer treatment.

To reduce your risk of breast cancer, maintain a healthy weight, exercise regularly and don't drink alcohol.

Spring Ridge Newsletter

October is National Pizza Month

Pizza Making Night 8th



October Birthday Celebration 15th



Pumpkin Patch 21st



Pink Out Day 22nd



Pumpkin Painting 24th



Olive Garden 28th



Spooky Stroll 30th



Halloween October 31



October 2024

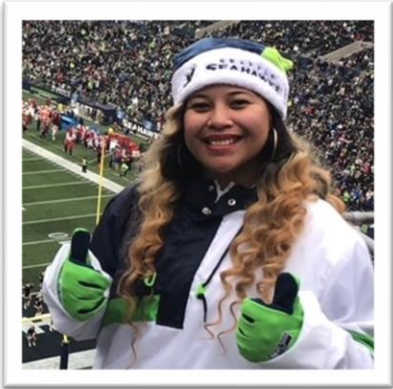


Team Spotlight

“Hi, my name is Agapetos a.k.a Tosh 😊

I have been blessed to be a part of the Spring Ridge team since the beginning of April 2025, and it was a blessing in disguise. I started off as a weekend receptionist and ended up full-time. I am glad I even applied and pushed myself out of my “stay at home mom, only church secretary” era, because I got to meet our beautiful residents and learn from their stories and their wittiness lol. In my spare time (which there is none), I sing in the praise and worship team at church, I teach dances in church and community events, and I love to cook for my husband and kids! I play piano and drums, and I love the SEAHAWKS, although my favorite color is Red 😊

I look forward to what God has in store for Spring Ridge and to continue serving and shining that light!





September, we celebrated National Assisted Living Week with Games Food and a spirit week



Gardening Club



We did the State Fair

Washington STATE FAIR PUYALLUP