

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:00 Morning stretch 1:00 Social Hour 3:00 Bean bag toss 6:00 Walking club <small>All Fools' Day</small>	11:00 Coffee & daily chronicles  1:00 6:00 Walking club <small>Happy B-day Cheryl H.</small>	Spring Ridge Marathon  <small>Walking national day</small>	11:00 Flower arrangement 1:00 Meeting w/Lanette 2:00 Gardening club 6:00 Walking club <small>Happy B-day Curtis H.</small>	11:00 Exercise club 1:00   2:30 6:00 Walking club	11:00 Hair Day 1:00 Movie & popcorn 6:00 Walking club
11:00 Sit & stretch 1:00 Bible study w/Pastor Shelton 3:00 Golden oldies 6:00 Walking club	11:00 Hot cocoa & chat w/Michelle 1:00 Puzzle time 3:00 Resident run activity 6:00 Walking club	 11:00 out to lunch 1:00 Arts & crafts club 3:00 Gardening club 6:00 Walking club	11:00 Exercise club 1:00  3:00 UNO game 6:00 Walking club <small>Farm national day</small>	11:00 Health talk w/Anna from select rehab 1:00 Meeting w/Shanequa 2:00 Cooking Club w/Patty & Anna 6:00 Walking club	11:00 Exercise club 1:00   2:30 6:00 Walking club <small>Happy B-day Ednalee L.</small>	11:00 Hair Day 1:00 Penny blackjack 2:00 Manicures 6:00 Walking club <small>Happy B-day Michael D.</small>
11:00 Coffee and chat 1:00 Resident run activity 3:00 Garden watering 6:00 Walking club	11:00 Morning stretch 1:00 Social Hour 3:00 Bean bag toss 6:00 Walking club	11:00 WAPATO Walk & picnic! 2:00 Sip & paint 6:00 Walking club	11:00 Exercise club 1:00  3:00 Manicures 6:00 Walking club	11:00 Coffee & Dominoes 1:00 Safety meeting w/Dylan 2:00 Cooking Club w/Patty & Anna 6:00 Walking club	11:00 Exercise club 1:00  2:30 Let's travel to SCOTLAND 6:00 Walking club	11:00 Hair Day 1:00 Movie & popcorn 6:00 Walking club
11:00 Sit & stretch 1:00 Resident run activity 3:00 Golden oldies 6:00 Walking club	11:00 Hot cocoa & chat w/Michelle 1:00 Puzzle time 3:00 Resident run Activity 6:00 Walking club <small>Passover Begins Earth Day</small>	11:00 Dollar store walk 2:30 Cooking Club w/Patty & Anna English muffins pizza <small>English muffin national Day</small>	11:00 Exercise club 1:00  2:30 April Birthday celebration  <small>Administrative Professionals Day</small>	11:00 Council meeting w/Patty 1:00 Puzzle time 3:00 Ice cream social 6:00 Walking club	11:00 Exercise club 1:00  3:00 arts and crafts 6:00 Walking club <small>Arbor Day</small>	11:00 Hair Day 1:00 Penny blackjack 2:00 Manicures 6:00 Walking club
11:00 Coffee and chat 1:00 Bible study w/Pastor Shelton 3:00 Puzzle time 6:00 Walking club	11:00 Sit & stretch 1:00 Social Hour 3:00 Bean bag toss 6:00 Walking club	11:00 Ruston point walk & lunch 2:00 Penny blackjack	 <h1>April 2024</h1> <h2>Spring Ridge Assisted Living</h2> 			