

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2023



10:00 Coffee social 3  
11:00 Sit and stretch  
2:00 Table games

10:00 Sunshine 4  
Club ☀️  
11:00 Music sensory  
2:00 Hallway strolls

10:00 Sunshine 5  
Club ☀️  
11:00 Hot cocoa & coloring  
2:00 **B I N G O**

10:00 Sunshine 6  
Club ☀️  
11:00 Balloon toss  
2:00 Matching socks

10:00 Sunshine 7  
Club ☀️  
1:00 Manicures  
2:30 Santa hats decoration  
Hanukkah Begins

**Fun Friday Elf Day** 1  
Christmas crafts  
**Happy B-day Gloria H**

10:00 Hair Day 2  
1:00 Christmas cards making  
**Happy B-day Chong W**  
**Happy B-day Micky H**  
**Happy B-day David S**

**Fun Friday** 8  
wear **Christmas hats**  
11:00 Exercise club  
1:00 **B I N G O**  
2:00 Memory singers

**Brunch & Ornament** 9  
**exchanged from 11:00 to 1:00**

10:00 Morning stretch 10  
11:00 Social hour  
2:00 Golden oldies  
**Happy B-day Ann J**

10:00 Sunshine 11  
Club ☀️  
11:00 Hot cocoa and chat  
2:00 Table games

10:00 Sunshine 12  
Club ☀️  
11:00 Fun coloring  
2:30 December Birthday celebration  
**Happy B-day Patricia L**

10:00 Sunshine 13  
Club ☀️  
11:00 Puzzle & snacks  
1:30 Christmas carols  
5:00 Spanaway Christmas lights outing

11:00 Health talk w/Ana from Select rehab 14  
1:00 Christmas Movie  
2:00 **B I N G O**

**Fun Friday wear Christmas PJ's** 15  
10:00 Sunshine Club ☀️  
11:00 Music sensory  
5:30 Hot cocoa & cookies with Santa & Mrs. clause

10:00 Hair Day 16  
11:00 Hot cocoa and music  
2:00 Manicures

**Joyful Christmas dinner** 17  
**From 3:30 to 6:30**

10:00 Sunshine 18  
Club ☀️  
11:00 Sit and stretch  
2:00 Golden oldies

10:00 Sunshine 19  
Club ☀️  
11:00 Hot cocoa and daily chronicles  
2:00 Ukelele Group

10:00 Sunshine 20  
Club ☀️  
2:00 Ugly sweater day  
**Happy B-day Kim B**

10:00 Sunshine 21  
Club ☀️  
11:00 Table games  
2:00 **B I N G O**  
Winter Begins

**Fun Friday wear Christmas sweater** 22  
10:00 Sunshine Club ☀️  
11:00 Peppermint mocha & cookies

10:00 Morning & coffee music 23  
11:00 Sit and stretch  
2:00 Hallway strolls

10:00 Coffee social 24  
11:00 Sit and stretch  
2:00 Table games



10:00 Sunshine 26  
Club ☀️  
11:00 Coffee and chat  
2:00 Social hour  
Boxing Day (Canada)  
Kwanzaa Begins

10:00 Sunshine 27  
Club ☀️  
11:00 Fun coloring  
2:00 Manicures

10:00 Sunshine 28  
Club ☀️  
11:00 Legos time  
2:00 **B I N G O**

**Fun Friday wear Black & Gold** 29  
10:00 Sunshine Club ☀️  
11:00 music and snacks  
2:00 Scrapbooking

10:00 Hair Day 30  
11:00 Music sensory  
2:00 Manicures



# Spring Ridge Memory Care

