

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Spring Ridge Memory Care

March
Calendars
and decorations



10:00
11:00 Music sensory
2:00 Word search

10:00 Exercise club
11:00 Walking club
2:00 Happy hour & trivia

10:00 Salon Day
11:00 Coffee and cookies
2:00 Hand massage

10:00 Sit & stretch
11:00 Coffee and chat
2:00 Sunday Hymn

10:00 The Golden Girls Show
11:00 Puzzle and snacks
2:00 Fun coloring

Happy B-Day Richard H

Purim Begins

10:00
11:00 Coffee Social
2:00 Bird house Painting

10:00 Exercise club
11:00 Walking group
2:00 Table games

10:00
11:00 Manicures
2:30 Ice cream social

10:00 Exercise club
11:00 Fun coloring
2:00 Spring Crafts

10:00 Salon Day
11:00 Balloon toss
2:00 Sensory games

10:00 Sit & stretch
11:00 Social hour
2:00 Fun coloring



10:00 The Golden Girls Show
11:00 Hallway stroll
2:00 Table games

10:00
11:00 Coffee social
2:00 Sip and paint

10:00 Exercise club
11:00 Balloon toss
2:00 Dementia Support Group w/Cathy

10:00
11:00 Sensory games
2:00 Cooking club

St. Patrick's Day Celebration @1:30



Happy B-Day Lorraine B
St. Patrick's Day

10:00 Salon Day
11:00 Morning coloring and snacks
2:00 Fancy manicures

10:00 Sit & stretch
11:00 Music sensory
2:00 Word search

10:00 The Golden Girls Show
11:00 Puzzle and snacks
2:00 Fun coloring



10:00
11:00 Coffee and chat
2:00 Bean bag toss

10:00 Sit &Stretch
11:00 Sensory games
3:00 March Birthday Celebration

10:00
11:00 Coffee social
2:00 Cooking club

10:00 Exercise club
11:00 Giant Word search
2:00 Afternoon bowling

10:00 Salon Day
11:00 Coffee social
2:00 Bean bag toss

10:00 Sit & stretch
11:00 Coffee and news
2:00 Golden oldies

10:00 The Golden Girls Show
11:00 Coffee social
2:00 Sensory games

10:00
11:00 Fun coloring
2:00 Balloon toss

10:00 Exercise club
11:00 Coffee and chat
2:00 Canvas painting

10:00
11:00 Match the saying
2:00 Gardening club, Cleaning out the garden beds

10:00 Exercise club
11:00 Coffee and snacks
2:00 Hand massage

Happy B-Day Maurice

