










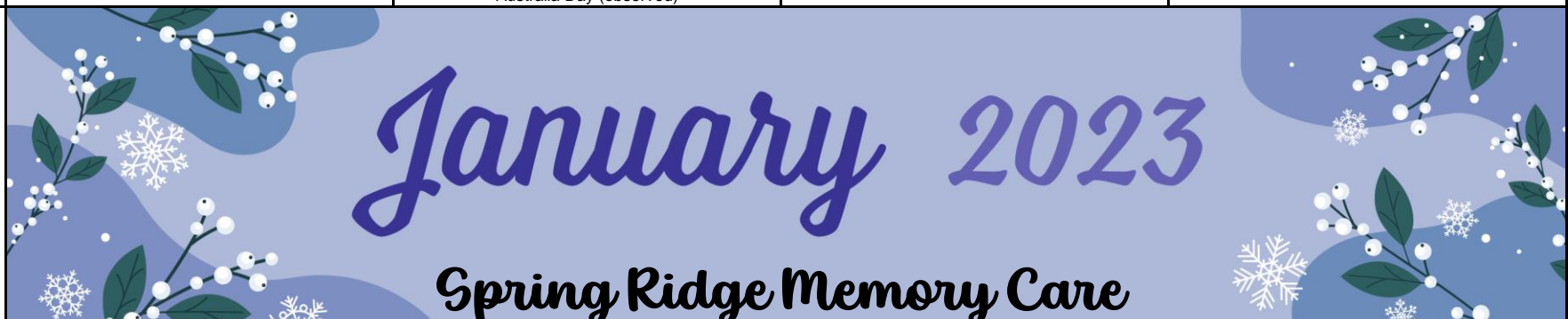


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 10:00 The price is Right Show 11:00 Table games 2:00 Social hour and snacks New Year's Day	2 10:00 The price is Right Show 11:00 Table games 2:00 Social hour and snacks	December undecorating 3 10:00  10 11:00 Coffee and snacks 2:00 Music and dance	January decoration 4 10:00 Exercise club 11:00 Table games 3:00 Pie social	 5 10:00  11:00 Coffee social 2:00 Table games Happy B-day John D	6 10:00 Exercise club 11:00 Balloon toss 2:00 Happy Hour Happy B-day George S	7 10:00 Hair Day 11:00 Hot cocoa and cookies 2:00 Hand massages
8 10:00 Coffee and chat 11:00 Table games 2:00 Golden oldie's	9 10:00 The price is Right Show 11:00 Balloon toss 2:00 Music sensory Happy B-day Nellmarie B	10 10:00  11:00 Coffee and snacks 2:00 Music and dance	11 10:00 Exercise club 11:00 Table games 3:00 Pie social	12 10:00  11:00 Coffee and news 2:00 Cooking club	13 10:00 Exercise club 11:00 Balloon toss 2:00 Arts and crafts	14 10:00 Hot cocoa & cookies 11:00 Fun coloring 2:00 Manicures Happy B-day Annemarie
15 10:00 Coffee and news 11:00 Fun coloring 2:00 Sunday Hymn	16 10:00 The price is Right Show 11:00 Coffee and chat 2:00 Martin Luther King coloring pages Martin Luther King Jr. Day	17 10:00  11:00 Social hour and snacks 2:00 Legos time	18 10:00 Exercise club 11:00 Coloring time 3:00 Manicures	19 10:00  11:00 Coffee and news 2:00 Movie and popcorn National Popcorn Day	20 10:00 Exercise club 11:00 Memory card game 2:00 Trivia and snacks	21 10:00 Hair Day 11:00 Balloon toss 2:00 Movie and popcorn
22 10:00 Adult coloring 11:00 social hour 2:00 Table games Happy B-day MarieLouise W Chinese New Year (Year of the Rabbit)	23 10:00 The price is Right Show 11:00 Balloon toss 2:00 Cards game Activity Professionals Week	24 10:00  11:00 Coffee and chat 2:00 Jumbo Word search	25 10:00 Exercise club 11:00 Coffee and news 3:00 Ceramic painting	26 10:00  11:00 Hot cocoa and news 2:00 Cooking club Australia Day (observed)	27 10:00 Exercise club 11:00 Sensory games 3:00 Chocolate cake and milk National Chocolate Cake Day	28 10:00 Hot cocoa & cookies 11:00 Cards game 2:00 Fancy manicures
29 10:00 Coffee and chat 11:00 Puzzle time 2:00 Golden oldie's National Puzzle Day	30 10:00 The price is Right Show 11:00 Social hour 2:00 Music sensory Happy B-day Pat H	31 10:00  11:00 Hot Cocoa and news 2:00 Arts and crafts National Hot chocolate Day	 January 2023 Spring Ridge Memory Care			