









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		October undecorating 1  November Decorating	10:00 Crosswords 2 Puzzles 11:00 Coffee and snacks 2:00 Hand massages	10:00 Morning exercise 3 11:00 Snacks and chat 2:00 Table games	10:00 Memory cards 4 game 11:00 Legos time 2:00 Happy Hour	10:00 Donuts and coffee 5 11:00 Hair Day 2:00 Manicures National Donut Day
10:00 Coffee and chat 6 11:00 Music sensory 1:00 Seahawks Vs Cardinals  <small>Daylight Saving Time Ends</small>	10:00 Sit and stretch 7 11:00 Coffee and news 2:00 Word search and snacks Happy B-day Roger B	10:00 Exercise club 8 11:00 Fun coloring 2:00 	10:00 Balloon toss 9 11:00 Coffee and news 1:00 Pet Therapy Special Guess	10:00  10 11:00 Exercise club 2:00 Thanksgiving cards making	10:00 Matching cards 11 games 11:00 Music sensory 1:00 Veteran's Day celebration <small>Veterans Day Remembrance Day (Canada)</small>	10:00 Hair Day 12 11:00 Coffee and news 2:00 Fun coloring
10:00 Sit and stretch 13 11:00 Snacks and chat 2:00 Sunday Hymn 6:30am Seahawks vs Buccaneers	10:00 Hot cocoa and chat 14 11:00 Fun coloring & snacks 2:00 Puzzle time	10:00  15 11:00 Balloon toss 2:00 Manicures Day	10:00 Exercise club 16 11:00 Word search & snacks 2:00 Thanksgiving crafts	10:00  17 11:00 Coffee and snacks 2:00 Pie social	11:00 Out for lunch at IHOP 18 2:00 Happy hour	10:00 Hot cocoa & Cookies 19 11:00 Legos time 1:00 Men's Day social and snacks National Men's Day
10:00 Coffee social 20 11:00 Fun coloring 2:00 Golden oldie's	10:00 Sit and stretch 21 11:00 Balloon toss 2:00 Table games	10:00 Cookies & Cider 22 11:00 Sensory games 2:00 Manicures	10:00 Thanksgiving coloring pages 23 11:00 Coffee social 2:00 Afternoon bowling	 <small>Thanksgiving Day (US)</small>	10:00 Animal sounds 25 11:00 Exercise club 2:00 Men's group	10:00 Hair Day 26 11:00 Social hour and snacks 2:00 Fancy nails
10:00 Coffee and chat 27 11:00 Music sensory 1:05 Seahawks vs Riders	10:00 Sit and stretch 28 11:00 Coffee and news 2:00 Word search and snacks	Christmas Fundraising Cookie jar making 29	10:00 Exercise club 30 11:00 Balloon toss 2:00 Bean bag toss	