



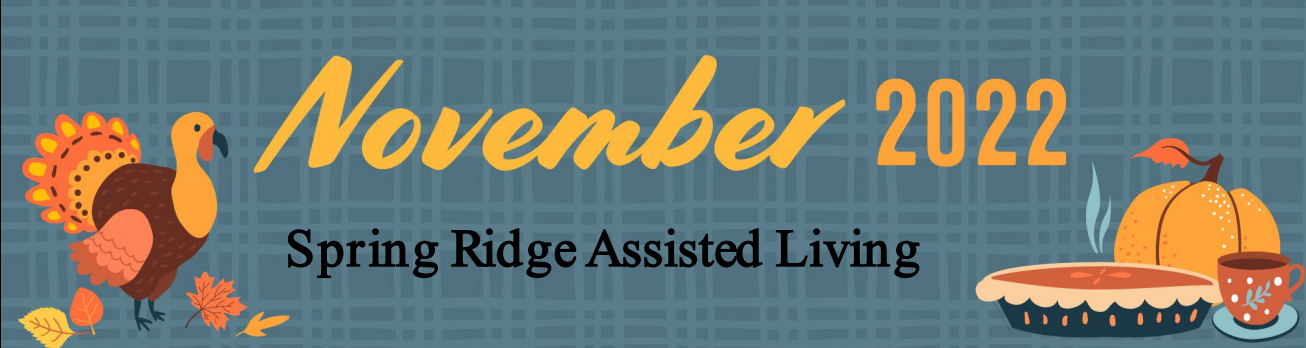


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>October undecorating 1</p>	<p>November Decorating</p>	 <p>11:00 Exercise club 2 1:00 BINGO 3:00 Hand massage</p>	<p>11:00 Coffee and daily chronicles 3 1:00 Shopping at Walmart</p>	<p>11:00 Exercise club 4 1:00 BINGO 2:30 Happy Hour</p>	<p>11:00 Donuts and coffee 5 1:00 Penny blackjack 3:00 Manicures</p> <p>National Donut Day</p>	
<p>11:00 Independent exercise 6 1:00 Seahawks Vs Cardinals</p>  <p>Happy B-day Roger B</p>	<p>11:00 Coffee and news 7 1:00 Cards game 3:00 Social hour</p>	<p>11:00 Applebee's 8 Out for lunch 1:00 Yahtzee 3:00 Group trivia</p>	<p>11:00 BINGO 9 1:00 Pet Therapy Special Guess 3:00 Wood figures painting</p>	<p>11:00 Coffee and daily chronicles 10 1:00 Dietary meeting w/Chris 2:00 Thanksgiving cards making</p>	<p>11:00 BINGO 11 1:00 Veteran's Day celebration</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>11:00 Hair Day 12 1:00 Penny blackjack 3:00 Adult coloring</p>
<p>6:30 Seahawks vs Buccaneers 13 11:00 News and coffee 1:00 Golden oldies</p>	<p>11:00 Coffee and chat 14 1:00 independent Sit and stretch 3:00 Golden oldie's</p>	<p>11:00 Finish the saying and coffee 15 1:00 Shopping at DOLLAR TREE 3:00 Manicures Day</p>	<p>11:00 Exercise club 16 1:00 BINGO 3:00 Thanksgiving crafts</p>	<p>11:00 Coffee and daily chronicles 17 1:00 Meeting w/Michelle 3:00 Pie social</p>	<p>11:00 Exercise club 18 1:00 BINGO 2:30 Happy hour & trivia</p>	<p>11:00 Hot cocoa & cookies 19 1:00 Men's Day social and snacks 2:00 Movie and popcorn National Men's Day</p>
<p>11:00 Hot cocoa & news 20 1:00 independent exercise 3:00 Sunday Hymn</p>	<p>11:00 to 1:00 Thanksgiving dinner drive-thru 21 12:00 Residents Thanksgiving Lunch</p>	<p>11:00 Cookies and Cider 22 1:00 Penny blackjack 3:00 Manicures</p>	<p>11:00 Thanksgiving Trivian 23 1:00 BINGO 3:00 Safety Meeting w/Scott</p>	 <p><small>Thanksgiving Day (US)</small></p>	<p>11:00 Exercise club 25 1:00 Shopping at Goodwill 2:30 Men's group</p>	<p>11:00 Social hour 26 1:00 Puzzle time 3:00 UNO game</p>
<p>11:00 Social hour & Snacks 27 1:05 Seahawks vs Riders 3:00 Puzzle time</p>	<p>11:00 The golden girls show 28 1:00 Social hour and snacks 3:00 Music sensory</p>	<p>Christmas Fundraising Cookie jar making 29</p>	<p>11:00 Council Meeting w/Patty 30 1:00 BINGO 3:00 Yahtzee</p>	 <p>November 2022 Spring Ridge Assisted Living</p>		