

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

Spring Ridge Memory Care

10:00 Puzzle time 4
11:00 Coffee social
2:00 Sunday Hymn



10:00 Sit and stretch 6
11:00 Balloon toss
2:00 BINGO

10:00 Fill the phrase 7
11:00 Music and dance
2:00 Watercolor painting

10:00 Manicures 8
11:00 Music and puzzle
2:00 BINGO

10:00 Exercise club 9
11:00 Coffee social
2:00 Fun coloring

10:00 Hair Day 3
11:00 Hot cocoa and cookies
2:00 Fancy manicures

Happy B-day Doris M



Grandparents Day

10:00 Sit and stretch 12
11:00 Table games
2:00 Music and Dance

5:15 Broncos vs Seahawks

10:00 BINGO 13
11:00 Sensory games
2:00 Autumn Canvas painting



10:00 Memory cards 15
game
11:00 Tea Time
2:00 BINGO
Happy B-day Kit M

10:00 Scrapbooking 16
11:00 Table games
3:00 Guacamole and chips social

Guacamole national day

10:00 Animal sounds 17
11:00 Puzzle time
2:00 Garden watering

Happy B-day Aurora T
Oktoberfest Begins

10:00 Coffee social 18
11:00 Jumbo pages coloring
2:00 Table games
1:05 49ers vs Seahawks

10:00 Coloring Time 19
11:00 Coffee and chat
2:00 Music sensory

10:00 Bean bag toss 20
11:00 Social hour and snacks
2:00 BINGO

10:00 Exercise club 21
11:00 Sing-along
2:00 Noodle ball

10:00 BINGO 22
11:00 Coffee and snacks
2:00 Autumn crafts

10:00 Exercise club 23
11:00 Coffee social
2:00 Root beer and pretzels

10:00 Matching cards game 24
11:00 Coffee social
2:00 Walking club

10:00 Coffee social 25
11:00 Sensory games
2:00 Music and dance
Happy B-day Melvin R
1:25 Falcons Seahawks

Rosh Hashanah Begins

10:00 Word search 26
11:00 Social hour And snacks
2:00 Cards game

10:00 Exercise club 27
11:00 Coffee and news
2:00 BINGO

10:00 Jumbo fun coloring 28
11:00 Coffee and daily chronicles
2:00 Manicures

10:00 BINGO 29
11:00 Coffee and daily chronicles
2:00 Sip and paint

10:00 Exercise club 30
11:00 Sensory games
2:00 Scenic drive

