

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# October 2022



September Undecorating



October decorating

<p>10:00 Coffee and chat 11:00 Balloon toss 2:00 Sunday Hymn</p> <p>2</p>	<p>10:00 Sit &amp; stretch 11:00 The Golden Girls Show 2:00 Word search</p> <p>3</p>	<p>10:00 <b>BINGO</b> 1:00 Taco Tuesday National Taco Day Happy B-day Jane M <small>Yom Kippur Begins</small></p> <p>4</p>	<p>10:00 Exercise club 11:00 Music and dance 2:00 Jumbo coloring pages</p> <p>5</p>	<p>10:00 <b>BINGO</b> 11:00 Word search 2:00 Cooking club Happy B-day Dorothy H</p> <p>6</p>	<p>10:00 Exercise club 11:00 Balloon toss 2:00 Arts and crafts</p> <p>7</p>	<p>10:00 Salon Day 11:00 Hot cocoa and cookies 2:00 Fancy manicures</p> <p>8</p>
<p>10:00 Exercise club 11:00 Table games 2:00 Golden Oldie's <small>Sukkot Begins</small></p> <p>9</p>	<p>10:00 Coffee social 11:00 The Golden Girls Show 2:00 Music sensory <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small></p> <p>10</p>	<p>10:00 Sing a-long 11:00 Coffee social 2:00 <b>BINGO</b></p> <p>11</p>	<p>10:00 Exercise club 11:00 Music and dance 2:00 Word search</p> <p>12</p>	<p>10:00 Memory card's game 11:00 Coffee and news 1:00 Pumpkin Patch</p> <p>13</p>	<p>10:00 Noddle ball 11:00 Legos and snacks 2:00 Pumpkin painting</p> <p>14</p>	<p>10:00 Hair Day 11:00 Coffee social 2:00 Hand massage</p> <p>15</p>
<p>10:00 Coffee and news 11:00 Balloon toss 2:00 Music sensory</p> <p>16</p>	<p>10:00 Exercise club 11:00 The Golden Girls Show 2:00 Fun coloring <small>Simchat Torah Begins</small></p> <p>17</p>	<p>10:00 Coffee and chat 11:00 Sensory games 2:00 <b>BINGO</b></p> <p>18</p>	<p>10:00 Exercise club 11:00 Table games 2:00 Cookies decoration</p> <p>19</p>	<p>10:00 <b>BINGO</b> 11:00 Hot cocoa and chat 2:00 Scrapbooking</p> <p>20</p>	<p>10:00 Balloon volleyball 11:00 Puzzles and snacks 2:00 Halloween sip and paint</p> <p>21</p>	<p>10:00 Salon Day 11:00 Hot cocoa and cookies 2:00 Fancy manicures Pink Day</p> <p>22</p>
<p>10:00 Coffee and chat 11:00 Balloon toss 2:00 Sunday Hymn</p> <p>23</p>	<p>10:00 Social Hour 11:00 The Golden Girls Show 2:00 Word search <small>Diwali (Hindi)</small></p> <p>24</p>	<p>10:00 Coffee and chat 11:00 Table games 2:00 <b>BINGO</b></p> <p>25</p>	<p>10:00 Exercise club 11:00 Balloon toss 2:00 Afternoon bowling</p> <p>26</p>	<p>10:00 Hand massage 11:00 Coloring time 2:00 <b>BINGO</b></p> <p>27</p>	<p>10:00 Exercise club 11:00 Sensory games 2:00 Scrapbooking</p> <p>28</p>	<p>Spook-TACULAR! Party @1:00 Please wear your Halloween costume Happy B-day Dolly C</p> <p>29</p>

10:00 Exercise club  
11:00 Table games  
2:00 Golden Oldie's

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