

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

Spring Ridge Assisted Living




11:00 Coffee and news 1:05 Seahawks vs 49ers 3:00 puzzle and music	11:00 Garden watering 1:00 Social hour 3:00 Music sensory	11:00 Exercise club 1:00 Wal-Mart Outing	11:00 BINGO 1:00 Yahtzee 3:00 October trivia	11:00 Coffee & daily chronicles 1:00 Meeting w/Michelle 2:00 cooking club Pumpkin bread 5:20 Seahawks vs Rams	11:00 BINGO 1:00 Exercise club 3:00 Happy hour Seahawks blue Friday	11:00 Garden cleaning 1:00 Manicures Day 3:00 Hair Day
11:00 Coffee social 1:00 Word search 3:00 Sunday Hymn	11:00 Coffee and chat 1:00 Sit and stretch 3:00 Car's game <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>	11:00 Exercise club 1:00 Halloween Arts and crafts 3:00 UNO game	11:00 IHOP for lunch 1:00 BINGO 3:00 Dominoes	11:00 Coffee & daily chronicles 1:00 Dietary meeting 3:00 Ceramic painting	11:00 BINGO 1:00 Exercise club 3:00 Puzzle and music Seahawks blue Friday Happy B-day Tressa S	11:00 Morning Social and snack 1:00 Pumpkin Patch outing
11:00 Sit and stretch 1:00 Cards game 3:00 60s Hits 5:20 Seahawks vs Steelers	11:00 Garden watering 1:00 Puzzle time 3:00 snack and news	11:00 Exercise club 1:00 Jenga 3:00 Pumpkin painting	11:00 Farmers Market outing 1:00 BINGO 3:00 Penny blackjack	11:00 Coffee & daily chronicles 1:00 Safety meeting 2:00 Cooking club Brownies	11:00 BINGO 1:00 Exercise club 3:00 Scrapbooking Wear PINK Day	11:00 Apple cider & cookies 1:00 Hair Day 3:00 Photo Reminiscing
11:00 Coffee and daily chronicles 1:00 Fun coloring 3:00 Sunday Hymn	11:00 Coffee social 1:00 Word search 3:00 60's hits 5:15 Seahawks vs Saints	11:00 Coffee social 1:00 Exercise club 2:00 Halloween scenic drive	11:00 BINGO 1:00 Jewelry making 3:00 individual puzzle	11:00 Coffee & daily chronicles 1:00 Council meeting 3:00 snacks and trivia	11:00 BINGO 1:00 Exercise club 3:00 Yahtzee Seahawks blue Friday Happy B-day Dolly C	Costume Contest 2:00 Halloween party!

