

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021
Spring Ridge Memory Care




10:00 The price is 5
Right
11:00 Coffee
social
2:00 Puzzle time

10:00 **BINGO** 6
11:00 Music and
dance
2:00 Ice cream
Social

8:00 Woman's
Breakfast 7
10:00 Animal
sounds
11:00 coffee and
news

Canada Day
10:00 **BINGO** 8
11:00 Morning
Math
2:00 Afternoon
bowling

Independence Day
celebration
1:00pm


8:00 Men's
breakfast 9
10:00 Exercise
club
1:30 Sing A-long

10:00 Tie dye Shirts 10
11:00 Social hour
2:00 Pina colada
social

Pina colada national day
Happy B-day Josephine

10:00 Coffee and 11
chat
11:00 Sunday
Hymn
2:00 Creative
coloring

10:00 Coffee 12
social
11:00 Fun coloring
2:00 Sing A-long

10:00 **BINGO** 13
11:00 Word search
2:00 Gardening
club

10:00 Exercise 14
Club
11:00 Sensory
games
2:00 Scrapbook

10:00 **BINGO**
11:00 Coffee
social
2:00 Manicures

10:00 Exercise 16
club
11:00 Morning
math
2:00 Matching
cards games

10:00 Hand and 17
leg massage
11:00 Coffee and
news
2:00 one on one

10:00 Coffee 18
social
11:00 Sunday
Hymn
2:00 Music and
dance

10:00 The price is 19
Right
11:00 Coffee
social
2:00 Fun coloring

10:00 **BINGO** 20
11:00 Balloon toss
2:00 Noddle Ball

10:00 Coffee and 21
news
11:00 Fun coloring
3:00 Hot dog social

Hot dog national Day

10:00 **BINGO** 22
11:00 Sensory
Games
2:00 Scenic drive

10:00 Exercise 23
club
11:00 Creative
coloring
2:00 Popsicles
and chat

10:00 Hair Day 24
11:00 Coffee
Social
2:00 Walking
club

10:00 Social 25
hour
11:00 Church on
TV
2:00 Puzzle time

10:00 Coffee 26
social
11:00 Coffee
social
2:00 Puzzle time

10:00 **BINGO** 27
11:00 Music and
dance
2:00 Scenic drive

10:00 Coffee 28
social
11:00 Balloon toss
2:00 Scrapbook

10:00 **BINGO** 29
11:00 Coffee
social
2:00 Noddle ball

10:00 Exercise club 30
11:00 Morning walk
2:00 Cheesecake
social

National cheesecake day

10:00 Hair Day 31
11:00 Coffee
Social
2:00 Ladies
Manicures