

Welcome to Our Community

Caring for a loved one requires more than just understanding the symptoms, it's understanding the person. It's more than just medicine, it's an embrace that is real. A touch that is loving. At Spring Ridge, long before we provide any services we ask ourselves, what is best for you and your loved one? For your family? Will it make life better for everyone? In your search for solutions and the ideal care setting, look beyond the walls. Look for that caring touch that's a complete experience and one that goes beyond just your medical concerns. This is who we are, and this is why we are here.



Let us show you the
Spring Ridge caring touch!



6856 East Portland Ave.
Tacoma, WA 98404

For more information visit our website at:
www.springridgealmc.com

Or call today for your personal tour

253-474-1093

Fax 253-474-0662



A Community of Care and Support

It's only natural to feel helpless over what to do about the medical and care challenges that have overtaken the life of your loved one. Fortunately, Spring Ridge can be part of the solution.

At Spring Ridge we provide Memory Care and Assisted Living. More importantly, we provide experience and understanding. Let us help you and your loved one obtain the care and service that you need.



Memory Care

Caring for a loved one with Alzheimer's or other forms of memory loss can be a frustrating and challenging experience. Just as difficult is making the decision to move them into a memory care community. Spring Ridge offers you peace of mind knowing your loved one is in an environment surrounded by staff who provide around-the-clock care, and is supportive of your loved one's interests. This is a warm and inviting place, with comfortable furnishings and tastefully decorated living, dining and activity spaces. Resident rooms are attractive and can accommodate favorite pieces of furniture. The enclosed courtyards are visually pleasing with well-manicured landscaping.

Our environment is monitored by specially trained professional staff. We know each resident's life story is unique and we take the time to know their stories and personalize their care to create experiences that are meaningful for them.

Tours Daily

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If the services included in the monthly base rent are not enough to keep you living independently, additional care and personal support services can be added. We can assist in designing a care program to fit individual needs for living as independently as possible. The personal support services fee is based on the actual services provided and are determined following a personal assessment conducted by our professional team.

Our program is based on a fulfilling range of individual and structured group activities, tailored for each resident's skills and limitations. We help people rediscover ways to enjoy everyday activities, making the most out of their life as their abilities decline.

Our philosophy here is to build on a person's strengths and encourage personal independence. This philosophy is something we believe deeply in and will never waver from.

Services in the monthly base rent for Memory Care residents include:

- Life engagement programs
- 3 meals each day, snacks throughout the day and some modified diets
- Weekly transportation to medical appointments
- Weekly housekeeping and linen services
- Daily assistance with bed making
- Paid Wi-Fi and all utilities
(except telephone and cable TV services)
- Planned activities and exercise programs
- 24-hour staff for supervision and assistance
- Regular monitoring for general health and well-being
- Medication management
- Apartment maintenance
- RN support and oversight



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